



SOLACE ESSENTIALS

ESSENTIAL OIL HEALING FOR BODY AND SOUL

Solace Essentials was founded in 2005 by Certified Aromatherapist Carol Walter, after a 25-year health misdiagnosis, exacerbated by career burn-out and sudden loss of a relationship. Carol turned to natural remedies, including essential oils, to heal her body and soul. After experiencing unexpected physical healing of the mysterious medical condition accompanied by personal growth, she decided to further her knowledge and help others. Her certification in Aromatherapy—an ancient art and science that unlocks the natural healing energy of essential oils—is from the East West School for Herbal and Aromatic Studies (www.theida.com). Through her practice, Solace Essentials, she offers her healing expertise to you with custom Essential Oil Healing sessions, 100% organic essential oils, and unique, natural bodycare products that nurture both your skin and soul. To make an appointment please call **206.851.3233** or visit the website at **www.SolaceEssentials.com**.



www.SolaceEssentials.com



Solace Essentials Healing Packages

Custom Blend to Address Single Core Issue - \$40, Refills - \$25

Face Forward- \$65

Ever had a facial? Ever had an Essential Oil facial? Essential oils have been found to be extremely beneficial to the skin especially the face. In fact, the US is conducting research on the possible anti-cancer qualities of these aromatic liquids! We use only the purest of ingredients for your skin to promote detoxification, skin health and soul goals, all in one treatment! For all skin types: Normal, Oily, Dry, Mature, Acne-prone, Post-menopausal, Teenage, Men

The Process: 1 hour includes needs assessment, custom facial product creation, facial. Refill for products created during session - \$25

On the Spot Apothecary - \$85

In this succinct consultation, we will address your health and/or healing issues, collaborate on your custom Essential Oil synergy/product, and create it together, learning about the ancient art of essential oil blending. It is a whirlwind experience, so come prepared with your energy, strength and focus.

The Process: 1 session, full needs assessment, design and creation of custom Essential Oil Synergy (1 blend), personal instruction on how to use/apply Essential Oil synergy/product. Refills - \$25

Essential Business Branding - \$140

Have you noticed in Real Estate sales that the smell of baking cookies creates a more appealing environment for the potential buyer? Branding your business with a custom-blended Essential Oil synergy/product will give your clients a sensory experience to remember you by AND will help your business thrive with more relaxed clients and a more attentive business owner – YOU! An added benefit is the anti-microbial capabilities of essential oils creating a healthier space. With expertise in Essential Oils and organizations (Technology, Consulting and Nonprofit), I will help you obtain the perfect synergy that compliments you, your clients and your business.

The Process: 2 sessions, full business & space analysis, design and creation of custom Essential Oil synergy/product (1 blend), delivery and usage consultation. Refills - \$25

Customer Feedback: You are a Scent Goddess; I love my new essential oil brew. I had the biggest month ever in July. I am giving all of the credit to the abundance oil. Lisa, Seattle, WA



Solace Essentials Healing Packages

Envelope Yourself in Health - \$210

When you have tried everything, used every remedy available, spoke to every health professional you can find, consulted every resource that's out there, and have even tried ignoring the problem and it still will not go away. Essential Oil Healing utilizes natural healing that connects the conscious with the subconscious harnessing the power of plants and the natural healing abilities of your own body. Be ready to take a new path with your healing and to open yourself up to the possibility of greater health. Includes 2 health blends.

The Process: 2 in-depth sessions, full needs assessment, design and creation of custom Essential Oil synergy/product (up to 2 blends), in-depth follow up on using essentials oils in your life. Refills - \$25

Customer feedback: Carol created a custom oil blend for me that significantly decreased a very persistent cough I was suffering from. It also helped me to stay centered as I followed my heart in regards to a career transition. Not only does the oil blend work, it also smells wonderful! I highly recommend this product and her services! - Ruth, Seattle, WA

Medical Bag in Tow - \$390

Would you like to "go green" in your home, but are confused about all the information in the media and stores? This package gives you the opportunity to green your home and lifestyle and receive 3 custom healthy products for wellness and practicality. In the comfort of your own home, we analyze your health products from cosmetics to cleaners, dog shampoo to baby cream. The amazing health benefits of essential oils combined with your desire to surround yourself with non-toxic household products will ignite your life and make your family healthier.

The Process: 1 in-depth session (up to 3 hours), full needs assessment, design and creation of custom Essential Oil synergy/product (up to 3 blends), in-depth follow-up on using essentials oils in your life and how to recognize future needs. Refills - \$25

(See back for more packages and information on classes.)

Solace Essentials Healing Packages

Four Seasons of Solace - \$760

Do you wish to experience healing continually, with no interruptions, to address health ailments throughout the whole year? Reap the benefits of year-round Essential Oil Healing with a new Essential Oil product/synergy for each season, to propel you to new heights of combined health and growth. Learn about the changes your body and soul go through during each weather shift, and the opportunities within each shift for growth and learning. This opportunity includes the following 4 Seasonal Consultations (sessions start with current season):

- **Immune Boost for Fall/Holiday** - Blend for cold/illness prevention, and holiday stress strategy and vision creation
- **Winter Blues** - Blend for mood issues, and plan for growth and reflection during stagnant winter-time
- **Spring-Time Inspiration & Productivity** - Blend for energy, and release for whatever weighs you down, literally and figuratively
- **Summer Bliss** - Blend for opportunity, grounding and "Me" in the context of having too much to fit into the limited warm days

The Process: Each season includes 2 sessions, full needs assessment, design and creation of custom Essential Oil synergy/product (up to 2 per season), personal instruction on how to use/apply Essential Oil synergy/product. Refills - \$25

Solace Essentials Classes

Publicly Offered Classes:

Do you have an interest in learning more about essential oils, blending, aromatherapy, etc? Solace Essentials offers many classes through local centers. Please go to our website at: www.SolaceEssentials.com for details.

Private Classes:

Enjoy a private 2-hour class for your group, such as your Garden Club, Book Club, Baby/Bridal Shower or Home Holiday Spa Party. It's an all-in-one experience of learning and hands-on essential oil creation for a fun, educational, creative and self-indulging day. You will have the opportunity to create your own custom essential oil blend with product of your choice such as scrub, skin cream, massage oil, signature scent, etc.

Private Home Party for 5-10 people - \$250

- add \$50 for every 5 additional people

- add \$100 for a 4-hour Essential Oil Spa Party/Shower

Optional: add a Tarot Card Reader, Massage Therapist, or Esthetician (for facials!). Email Carol your ideas!